



Year	Half Term 1	Half Term 2	Half Term 3	Half Term 4	Half Term 5	Half Term 6
7	Transitioning to Secondary School -Personal Safety including First Aid	Personal Identity - Families and Friendships, Diversity, Prejudice and Bullying	Health and Puberty -Period Health Changes Reproduction	Careers and Aspirations	Relationships and Self-Worth -Including Friendships and Romance (also online) and Relationship Boundaries (Consent)	Money and Me – Financial Decision Making
Theme	Health and Well-Being	Relationships	Health and Well-Being and Relationships	Careers and Pathways	RSE	Living in the Wider World
8	Drugs and Alcohol	Emotional Well-Being – Mental Health Body Image	Equality in Careers and Life Choices	Relationships and Identity -Gender Identity Sexual Orientation Discrimination	Lifestyle Choices –Online Safety	Healthy Lifestyles -Basic First Aid Diet
Theme	Health and Well-Being	Health and Well-Being and Relationships	Careers and Pathways	RSE	Health and Well-Being and Relationships	Health and Well-Being
9	Respectful Relationships -Healthy and Unhealthy Relationships -Sexting/Sending Pictures -Consent -Online behaviour and Safety	Healthy Lifestyle -Lifestyle Choices Alcohol and Drug Misuse Peer Pressure	Peer Group and Gangs - Exploitation Peer Influence County Lines	Goal Setting Options Employability Skills	Intimate Relationships -Sex Education Consent Contraception Online Media	Financial Decision making -Impact of financial decisions Debt and Gambling
Theme	RSE	Health and Well-Being	Careers and Pathways	RSE	Health and Well-Being	Living in the Wider World
10	Mental Health Awareness -Mental Health Stigma Safeguarding Mental Health	Relationships and Identity -LGBTQ+ Awareness	Disrespect Nobody -Relationship Expectations Myths and Challenges Impacts of Media	Extremism and Radicalisation -Communities Belonging Challenge Radicalisation	Relationships -Relationships and Sex Contraception and the risk of STIs	Careers -Work Readiness Skills Work Experience Readiness (inc online)
Theme	Health and Well-Being	RSE	RSE	Living in the Wider World	RSE	Careers and Pathways
11	Mental Health -Self efficacy Stress Management Future Opportunities	Careers -Post 16 Options Progression Ambition	Intimate Relationships -Consent STIs Contraception	Lifestyle Choices STIs, Contraception, alcohol and decision making	Study Skills and Intervention	
Theme	Health and Well-Being	Careers and Pathways	RSE	RSE	GCSE Preparation	

